

Sharow and Skelton Federation Knowledge Organiser
PSHE

Me and My Relationships

Year 4

Vocabulary

| | | | |
|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Emotionally | How you feel | Freely entered | Done by choice. Not forced. |
| Physically | How you look | Legal | Allowed by law |
| Media | Methods of communication that enable people to share information, including newspapers, television, radio, internet information, advertising and social media (E.g.: Facebook and Instagram) | Commitment | A promise to do or give something |
| Body image | How you feel about how you look | Stable | Constant – not changing. Safe. |
| Race | Groups people according to certain physical characteristics such as skin, hair and eye colour | Marriage | A commitment to another person that you will spend the rest of your life with them. A marriage should be freely entered and stable. A legal contract is signed. |
| Strategies | Ways to help yourself cope with things you find difficult | Civil Partnerships | The same as a marriage, but some people consider it to be a more modern version without the same traditions and religious elements usually associated with marriage. A legal contract is signed. |

What is the difference between culture, ethnicity and race?

Ethnicity is largely to do with **nationality** (where you come from)

E.g.: Spanish, African, Asian, Irish, British.

Culture is something we are **taught by other humans** and gets passed from one generation to another - E.g. language, manners, traditions, celebrations, values, family roles and structures.

Culture and *ethnicity* are therefore closely linked: if your *ethnicity* is Spanish, you are likely to be taught Spanish traditions, language, manners and values (Spanish *culture*).

Race refers to a person's **physical characteristics**, such as bone structure, eye shape and skin, hair, or eye colour. E.g. Black, Asian, White, Latino.

It is important to remember that what somebody looks like is important to them but it shouldn't be important to anyone else. What *should* be important is what they are like as a person. Some people like to think of it like this:

What race do you identify yourself as?

- Asian
- White
- African American
- Hispanic
- Native American

Human

Body image and media

Researchers have found that 37% of 3 year old children would like to look different.



What does a healthy adult relationship look like?



...and most importantly, **LOVE** ❤️



- ✓ We take turns to speak
- ✓ We use kind and positive words
- ✓ We listen to each other
- ✓ We have the right to pass

Our PSHE Charter

- ✓ We only use names when giving compliments or being positive
- ✓ We respect each other's privacy (confidentiality)