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Headteacher: Mrs J Palmer

30<sup>th</sup> January 2020

Dear Parent/Carer,

Next week Year 5 will be learning about puberty in their PSHE lesson. The resources used will be videos 1-4 from the following website:-

[https://www.healthpromotion.ie/index.php/health/inner/busy\\_bodies](https://www.healthpromotion.ie/index.php/health/inner/busy_bodies)

We will also be using the appropriate pages from the following booklet:-

<https://www.healthpromotion.ie/hp-files/docs/HPM00478.pdf>

We will share resources with the children that might be of use to them as they go through puberty.

As this follows the National Curriculum we assume that all parents will be happy for this session to take place but please contact school if you would prefer your child not to attend this session.

Yours sincerely,

Mrs Dixon and Mrs Snodgrass

