



Weekly Bulletin 12<sup>th</sup> February 2021

### **Coronavirus over the half term holiday**

Where pupils or staff, who have been in school since 8<sup>th</sup> February, test positive for coronavirus (COVID-19) during the February half term holiday, having developed symptoms more than 48 hours since being in school, schools are not required to take any action. Staff, parents and carers should follow contact tracing instructions provided by NHS Test and Trace.

**Where pupils or staff who have attended school this week and test positive, having developed symptoms within 48 hours of being in school, the school is asked to assist in identifying close contacts and advising self-isolation, as the individual may have been infectious whilst in school.**

**Please contact [admin@sharow.n-yorks.sch.uk](mailto:admin@sharow.n-yorks.sch.uk) if your child tests positive and we will take the appropriate action. Emails will be checked at 10am each day.**

### **Supporting Parents Helpfinder (Young Minds)**

Times are tough for many people right now. Parents find themselves pulled in many different direction and children may be struggling being in the house for so much longer than usual. A mixture of concern about covid, work from home and children at home, along with a possible financial impact make for a stressful household. Young Minds have created a useful 'Supporting Parents Helpfinder'. By answering six questions, parents can find out how to support their child's mental health during the pandemic (and beyond).

Find the help finder here: <https://youngminds.org.uk/supporting-parents-helpfinder/>

### **When emotions explode (Young Minds)**

Young Minds have also created a useful poster highlighting ways to give support to children when they have angry feelings or outbursts and may help families start a conversation and talk about each other's feelings. <https://youngminds.org.uk/media/4291/when-emotions-explode-poster.pdf>

### **Ash Wednesday – Wednesday 17<sup>th</sup> February**

The season of Lent starts. Lent lasts for forty days (not including Sundays). It is a time when we reflect and prepare for the celebrations of Easter. Lent is not about giving ourselves yet more tasks to fulfil but to give ourselves space to stop and take stock and learn from Jesus. Some people fast, eat frugally or give up treats following the example of Jesus, who fasted for forty days in the wilderness. Some people also give to charity, set aside time to study the bible and reflect on Jesus' life and prepare for the events of Holy Week and Easter. But before that we have Shrove Tuesday, how many pancakes can you eat?

### **Place2be**

Thank you for your donations, we have raised £57, there is still time to donate through Parentpay if you would like to make a donation.

## Parents and Carers guide to Microsoft Teams

North Yorkshire Education Services are running a free course for parents and carers:

In this webinar we will explore Microsoft Teams and look in more detail at:

- **Teams** - The tool schools use to organise classes and timetabled groups
- **Channels** - A subset of a Team, used to focus attention and form working groups
- **Posts** - How staff and pupils can communicate online
- **Files** - Online storage for any and every shared resource
- **Assignments** - The tool to manage work set, received and feedback
- **Class OneNote** - The online version of an exercise book, worksheets and so much more!

[Join us on Wednesday 24th February - 12:30pm](#)

[Click here to book your place](#)

[Parents and carers can book their free place by clicking the link above](#)

We have made it to half term!. Please enjoy next week... no remote learning, no screen time, throw your routines out of the window and just do whatever you can to have a lovely covid safe week within the current national lockdown restrictions.

As soon as we hear from the Government about a return date we will be in touch.